Skills Workshop
Spirituality, Prayer, and Prayer Leadership Self-Evaluation

To evaluate the effectiveness of the material presented today, **please rate your competencies** in the following knowledge and skills areas that were addressed in this workshop. You are evaluating yourself, not the workshop style or instructor. This self-evaluation will become part of your confidential file to track your progress through the program.

Use the scale of 1 to 5 (lowest to highest).

If you choose, please elaborate in the accompanying comment sections. Be aware that you have only been introduced to these areas in this workshop. Your competency may be in the early stages of awareness.

Please rate the extent to which this workshop has contributed to your:

1. Understanding of the traditional prayer rhythms of the Church and the different schools of the Christian spirituality that have developed in the 2,000 year history of the Catholic faith as guides for the spiritual life.

1 2 3 4 5
lowest highest

Comments: _____

_____

2. Ability to identify, affirm, and critique the various Christian spiritualties operative in oneself and others.

1 2 3 4 5
lowest highest

Comments: _____

_____

3. Ability to integrate prayer as gift, covenant, and communion in one's life, and to utilize the basic prayer forms, major prayer expressions, and traditional prayer rhythms of the Church to deepen one's prayer life.

1 2 3 4 5

lowest highest

Comments: _____

_____

4. Appreciation of a variety of prayer styles and forms.

1 2 3 4 5

lowest highest

Comments: _____

_____

5. Ability to form and lead others in the dynamics of faith sharing.

1 2 3 4 5

lowest highest

Comments: _____

_____

6. Understanding of the necessity for ongoing spiritual formation, a personal prayer life.

1 2 3 4 5

lowest highest

Comments: _____

_____

7. Ability to fulfill a regular commitment to a pattern of personal prayer and to support others' growth in prayer.

1 2 3 4 5

lowest highest

Comments: _____

_____

8. Ability to reveal an integrated spirituality based on prayer, reflection, and liturgical participation.

1 2 3 4 5

lowest highest

Comments: _____

_____

9. Understanding of and an awareness of God's redeeming activity in one's experiences, ministry, and lifestyle.

1 2 3 4 5

lowest highest

Comments: _____

_____

10. Ability to reflect theologically on one's faith experience and to articulate the activity of God in one's life.

1 2 3 4 5

lowest highest

Comments: _____

_____

11. Ability to trust one's experience of God.

1 2 3 4 5

lowest highest

Comments: _____

_____

12. Appreciation of one's ongoing relationship with God as the source of all ministry.

1 2 3 4 5

lowest highest

Comments: _____

13. Ability to articulate one's relationship with God and one's own vocational call.

1 2 3 4 5

lowest highest

Comments: _____

14. Understanding of the need for an integrated spirituality based on prayer, reflection, and liturgical participation grounded in the Ecclesiology of Vatican II.

1 2 3 4 5

lowest highest

Comments: _____

15. Willingness to participate in ongoing spiritual formation, e.g., prayer, retreats, spiritual direction, community worship.

1 2 3 4 5

lowest highest

Comments: _____

Print Name (Required): _____ Date: _____